

Risk Assessment	The Academy of Gymnastics Ltd
Activity	Using the Gym Equipment including Bars/Beam/Airtrack/Trampoline (COPY)

Assessor	Jeff Kincaid	Location of Assessment	The Main Gym Room
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Risk Rating Matrix (RR)	Likelihood (L)		
Severity (S)	Certain or near certain to occur (High)	Reasonably likely to occur (Medium)	Unlikely to occur (Low)
Fatality; major injury or illness causing long term disability (High)	HIGH (H)	HIGH (H)	MEDIUM (M)
Injury or illness causing short term disability (Medium)	HIGH (H)	MEDIUM (M)	LOW (L)
Other injury or illness (Low)	MEDIUM (M)	LOW (L)	LOW (L)

Hazards	Who is at risk?	Controls in place	L	S	RR
Collapse of equipment	<ul style="list-style-type: none"> • Employees/Staff • Public • Customers • Young Persons • Volunteer Workers 	<ul style="list-style-type: none"> • All staff are adequately trained in the use of equipment used during the session. • Parents/Carers should supervise their children at all times. • Appropriate safety signage to be displayed in the gym area advising of hazards/safe use. • Heavy items should be stacked flat, not above head height and only on surfaces suitable for the item • Staff should conduct dynamic and regular safety inspections of all equipment for faults or signs of deterioration. All faults to be reported to the Centre Manager or the Head Coach and/or the admin team who will arrange for its immediate repair or removal. • Only approved mechanical or technical parts are used during any construction, and then only by staff trained in the construction. 	L	M	Low

Hazards	Who is at risk?	Controls in place	L	S	RR
Crushing	<ul style="list-style-type: none"> • Employees/Staff • Volunteer Workers • Visitors • Young Persons • Public • Contractors 	<ul style="list-style-type: none"> • All staff are adequately trained in the use of equipment used during the session. • Parents/Carers should supervise their children at all times. • Appropriate safety signage to be displayed in the gym area advising of hazards/safe use. • Staff should conduct dynamic and regular safety inspections of all equipment for faults or signs of deterioration. All faults to be reported to the Centre Manager or the Head Coach and/or the admin team who will arrange for its immediate repair or removal. • Heavy items should be stacked flat, not above head height and only on surfaces suitable for the item. • Only approved mechanical or technical parts are used during any construction, and then only by staff trained in the construction. • All staff are to ensure that children move around the centre in an orderly manner and avoid running. This is particularly relevant on the staircase and during any fire alarm evacuations. 	L	M	Low
Cuts/abrasions/lacerations	<ul style="list-style-type: none"> • Employees/Staff • Pupils/Students • Young Persons • Volunteer Workers • Public • Contractors 	<ul style="list-style-type: none"> • Parents/Carers should supervise their children at all times. • All staff to ensure that pockets are avoided during any class activity, but where this is unavoidable, to ensure that they are emptied before the session starts • No jewellery/watches to be worn during the class activity. • No sharp fixings to be used for any wall posters/signs. • Any hard/sharp areas are to be covered. 	L	L	Low
Entanglement/Entrapment	<ul style="list-style-type: none"> • Employees/Staff • Pupils/Students • Customers • Young Persons • Volunteer Workers • Visitors • Contractors 	<ul style="list-style-type: none"> • Parents/Carers should supervise their children at all times. • Appropriate safety signage to be displayed in the gym area advising of hazards/safe use. • All staff are adequately trained in the use of equipment used during the session. • Long hair is tied back • No jewellery/watches to be worn during the class activity. 	L	L	Low

Hazards	Who is at risk?	Controls in place	L	S	RR
Falling from height	<ul style="list-style-type: none"> • Employees/Staff • Pupils/Students • Customers • Young Persons • Volunteer Workers • Visitors 	<ul style="list-style-type: none"> • Parents/Carers should supervise their children at all times. • All staff are adequately trained in the use of equipment used during the session • Staff should conduct dynamic and regular safety inspections of all equipment for faults or signs of deterioration. All faults to be reported to the Centre Manager or the Head Coach and/or the admin team who will arrange for its immediate repair or removal. • All non squad children using the staircase are to be supervised by coaches with one at the front and one at the rear. This is particularly relevant for younger children. • Gymnasts are only to use equipment suitable for their ability. • All staff to ensure that climbing in the gym area is only allowed on the equipment designed for such activity with adequate safety matting. • Staff to ensure that the vault gate is shut during any period where it is not required to be open. • Ensure staff are supervising the use of equipment. • All gymnasts should be shown how to mount and dismount equipment correctly, and sufficient safety matting/padding is set in place before any activity begins. 	L	M	Low
Over Confidence leading to risk taking	<ul style="list-style-type: none"> • Employees/Staff • Pupils/Students • Young Persons • Volunteer Workers 	<ul style="list-style-type: none"> • All staff are adequately trained in the use of equipment used during the session. • Parents/Carers should supervise their children at all times. • Only apparatus and skills appropriate to the gymnasts ability is/are used and supported. • Only apparatus and skills appropriate to the coach's ability is/are used and supported. 	L	L	Low
Inexperienced Employees	<ul style="list-style-type: none"> • Employees/Staff • Volunteer Workers • Pupils/Students 	<ul style="list-style-type: none"> • All staff are adequately trained in the use of equipment used during the session and regular continuation training sessions are attended. • New employees are supervised by a qualified coach. • Young Leaders/Coaching Academy staff have an appointed mentor coach and are required to complete the training journal/work record. 	L	L	Low

Hazards	Who is at risk?	Controls in place	L	S	RR
Inadequate or excessive lighting	<ul style="list-style-type: none"> • Employees/Staff • Pupils/Students • Young Persons • Volunteer Workers • Visitors 	<ul style="list-style-type: none"> • Ensure room is adequately lit appropriate to the class activity • Any faulty lighting is reported to the Centre Manager and/or the Head Coach and the admin team who will arrange for its repair. • All lighting is checked by approved and qualified engineers at regular intervals, and a record kept of the check. 	L	L	Low
Obstructions/Protrusions	<ul style="list-style-type: none"> • Employees/Staff • Pupils/Students • Young Persons • Volunteer Workers • Public • Contractors 	<ul style="list-style-type: none"> • Parents/Carers should supervise their children at all times. • Equipment not in use is removed from the class session and stored correctly. • Coaches to conduct a walk through before each session and before gymnasts enter the room and any obstructions are cleared. • Heavy items should be stacked flat, not above head height and only on surfaces suitable for the item. 	L	L	Low
Slips/trips	<ul style="list-style-type: none"> • Employees/Staff • Public • Pupils/Students • Young Persons • Volunteer Workers • Contractors 	<ul style="list-style-type: none"> • Any spillages are reported to cafe staff and/or admin team and cleaned up, and hazard signage is placed on the floor area near the spillage. • The floor and training surfaces are checked before and during the session • Coaches to conduct a walk through before each session and before gymnasts enter the room and any obstructions are cleared. • Equipment not in use should be stored correctly • Parents/Carers should supervise their children at all times. • All gymnasts are to be prevented from practicing gymnastics in any area of the facility other than the gym. 	M	L	Low
Unsafe Equipment	<ul style="list-style-type: none"> • Employees/Staff • Public • Pupils/Students • Young Persons • Volunteer Workers • Contractors 	<ul style="list-style-type: none"> • Staff should conduct dynamic and regular safety inspections of all equipment for faults or signs of deterioration. All faults to be reported to the Centre Manager or the Head Coach and/or the admin team who will arrange for its immediate repair or removal. • Only approved mechanical or technical parts are used during any construction, and then only by staff trained in the construction. • All equipment is checked prior to the session starting. 	L	M	Low

Hazards	Who is at risk?	Controls in place	L	S	RR
Power Cut	<ul style="list-style-type: none"> • Employees/Staff • Public • Volunteer Workers • Contractors • Pupils/Students • Temporary Workers 	<ul style="list-style-type: none"> • Ensure the emergency evacuation bag is accessible and stocked correctly. • In the event of a power cut, emergency lighting will provide adequate lighting in the facility. Staff are to ensure the safety of every child in their class by suspending the class activity and remaining in the area of the gym when the power cut occurred. • During a power cut, the Centre Manager or Head Coach, or in their absence, the senior coach on duty will assume the role of staff in charge and make any decision to evacuate the facility. 	L	L	Low

Hazard	Additional Control	Assigned to	Due Date	L	S	RR
(none)						

Date of Assessment	15/02/2023	Status	Complete
Re-assessment Date	15/02/2024	Signature	<i>Okud</i>