

Risk Assessment	The Academy of Gymnastics Ltd
Activity	Private Lessons

Assessor	Jeff Kincaid	Location of Assessment	Gymnastics Academy
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Risk Rating Matrix (RR)	Likelihood (L)			
	Severity (S)	Certain or near certain to occur (High)	Reasonably likely to occur (Medium)	Unlikely to occur (Low)
Fatality; major injury or illness causing long term disability (High)		HIGH (H)	HIGH (H)	MEDIUM (M)
Injury or illness causing short term disability (Medium)		HIGH (H)	MEDIUM (M)	LOW (L)
Other injury or illness (Low)		MEDIUM (M)	LOW (L)	LOW (L)

Hazards	Who is at risk?	Controls in place	L	S	RR
Suitably qualified coaching	<ul style="list-style-type: none"> Employees/Staff Pupils/Students 	<ul style="list-style-type: none"> Any staff used for private lessons should hold a suitable qualification for the level of gymnast and the skills being practiced. No Young Leaders should be used for private lessons unless being directly supervised by coach of no lower than L2 qualification Gymnasts should not be taught any skills above their perceived ability level unless working towards skills under the direction of a club coach. All coaches to be aware of the ability level of any gymnasts from external clubs, and contact should be made in the days before any private lesson to agree any skills to be practiced. 	L	M	Low
Use of equipment	<ul style="list-style-type: none"> Employees/Staff Pupils/Students 	<ul style="list-style-type: none"> Only equipment suitable for the skills being practiced, at the discretion of the coach, should be used. Coaches and gymnasts should not use any equipment for skills beyond the ability of either the coach or the gymnast. 	L	M	Low
Lone working	<ul style="list-style-type: none"> Employees/Staff Pupils/Students 	<ul style="list-style-type: none"> No employee should be alone on the premises with a gymnast. Before any coaching session takes place, there must be at least one other coach on the premises, and trained to at least L2. 	L	M	Low

Hazard	Additional Control	Assigned to	Due Date	L	S	RR
(none)						

Date of Assessment	15/02/2023	Status	Complete
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Re-assessment Date

15/02/2024

Signature

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