



THE ACADEMY OF
GYMNASTICS

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Inspiring Children

CHILD SICKNESS POLICY

From time to time children are ill and can vomit either at home, school or at the gym. Unfortunately, it is not possible to distinguish between the causes, and therefore it is essential that the same rule of exclusion applies in all cases of vomiting or diarrhoea.

In the Health Protection Agency document, "Guidelines for the Control of Infection and Communicable Disease in School and Early Years Settings", the guidance is:

Diarrhoea and Vomiting exclusion

Diarrhoea and/or vomiting commonly affects children and staff and can be caused by a number of different germs, including viruses, parasites and bacteria. Infections can be easily spread from person to person, especially in children. In general, it is recommended that any staff member or child with diarrhoea and/or vomiting symptoms must stay away or be excluded from the setting until they have been free of symptoms for 48 hours (the '48 hour rule') and feel well. Personal hygiene whilst ill must be very strict.

If your child has been sick, or says they were sick, whilst at home, school or gymnastics, irrespective of whether physical evidence has been seen, we will ask you, or your emergency contact to take your child home. We appreciate that this can be inconvenient, and you may not believe your child is ill, but you will appreciate that we do this in all cases to reduce the risk of infection for all children and staff.

Thank you for your understanding with this. Further guidance on infection control may be found on the [Public Health England Website](http://www.gov.uk/government/organisations/public-health-england).

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ACADEMY OF GYMNASTICS CLUB LTD Private company Ltd by Guarantee

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